

Mental Health Sub Group

Chair: Melody Williams (NELFT)

Feedback to the Health & Wellbeing Board

Mental Health sub group continues to meet to explore both adult and children's mental health programmes in Barking and Dagenham. Mental Health Strategy action plan remains a significant programme and partners are contributing to updating the action plan. The October meeting primarily focused on the CAMHS transformation plan and recent findings from the school survey completed in 2017. Feedback to the CCG lead officers following workshop for inclusion into the refresh plans due at the end of October 2017. meeting focused on impact of work and health programmes and how greater engagement for MH service users can be developed within the new programmes for B&D.

Performance

Performance remains in line with national indicators. Barking and Dagenham continues to have low levels of people with delayed discharge. Recent publication of London Mental Health Dashboard, 3rd Edition (June 2017) indicates two areas for Barking & Dagenham for noting:

- IAPT – Entering treatment within 28 days – Barking and Dagenham came out top of all London IAPT Services with 100% of all referrals meeting the target for the quarter. Services ranged from 25 to 100% achievement.
- 7 Day follow-up for patients discharged from mental health inpatient care – Barking and Dagenham came out on top of all the London Services with 100% for the quarter. The average was 97%.

There are others areas where B&D services have room for improvement and these are being progressed by services.

Meeting Attendance

Date of last meeting – 16th October 2017

Action(s) since last report to the Health and Wellbeing Board

- (a) Positive feedback on World Mental Health Day – focus on Mental health in the workplace – delivered successful series of community engagement events coordinated via Healthwatch
- (b) Contributed to refresh of the B&D CAMHS Transformation plans – awaiting final refresh version for agreement by partners (CCG and LA)
- (c) Received presentation on the findings of the recent school health survey – particular focus on emotional wellbeing and mental health needs

Action and Priorities for the coming period

- (a) Support from the sub group for the suicide prevention plan
- (b) Overview and Implementation of the CAMHS Transformation Plan for B&D

- (c) Support from the sub group around embedding changes across adult and older adult services following changes to health and care leadership – focus on user engagement within the process
- (d) Update the mental health strategy implementation plan in relation to activity undertaken and gap analysis

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